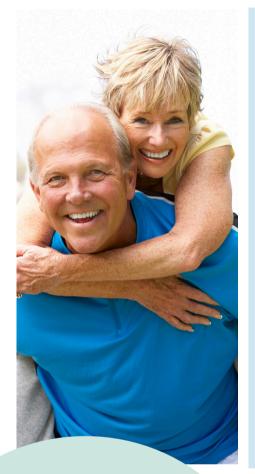
MYGNP.ORG MAY 2025



### **UPDATE**



#### SUPPORTING SENIORS IN SUNDRE

#### More Than Just Programs - A Lifeline to Community

With a higher-than-average senior population, Sundre thrives when its older residents stay active, engaged, and supported. At Greenwood Neighbourhood Place, we provide essential guidance, connection, and community for our seniors.

Navigating government benefits can be overwhelming, but we're here to help—whether it's pensions, health benefits, or other supports. As one senior shared, "Always helpful, very knowledgeable, and the respect and willing support they give is very much appreciated. Thanks for all you do and just for being yourselves."

Beyond practical support, we foster connection. A newcomer joined our free art class for one session and quickly formed friendships. Those new connections led to a group lunch after class—an example of how small moments can spark lasting bonds. Programs like field trips, cooking classes, and our Friendly Callers initiative ensure no one feels alone. Events like Seniors Week bring the community together with laughter, entertainment, and shared joy.

Every brushstroke, shared meal, and moment of support strengthens a network of care. For many seniors, this isn't just a program—it's a lifeline to independence and belonging.

#### Get Involved

You can make a difference. Whether through volunteering, donating, or spreading the word, your support helps seniors in Sundre thrive. Contact us today to learn how.

Strong communities care about their seniors!

"A caring organization strengthens the community by supporting and empowering those it serves."

#### **OUR IMPACT IN 2024**



Event/ Program Participants Senior/ Adult Advocacy Appts



1522

1972

401 115

#### WHAT WE ARE DOING

- Information and Referrals to Resources and Services
- Adult/Senior Advocacy
- Workshops/Training

Requests for

Services

3451

- Events for Seniors, Adults, Families, Youth & Children
- Community Garden

- The Den. S.Y.C Sundre Youth Centre
- Sundre Santas
- Magic of Christmas
- Volunteer Appreciation Week Event
- Seniors Week Event
- Community Events Sundre Winterfest, Canada Day, Halloween, Block Parties

... and so much more. Visit mygnp.org for details.

# Together, we there Join us in May

\$25

helps one individual receive access to resources, services and programs.

Consider becoming a monthly donor. \$25 a month helps 12 people in a year.

Donate during the month of May and help us raise

\$20,000

Every donation will be matched to a maximum of \$10,000 by anonymous donors!

## live

**Fundraising Auction** 

May 31, 2025

Sundre Legion

Doors open - 6:30 pm Auction - 7:00 pm

> Refreshments Cash Bar

View items at mygnp.org

By Mail: Box 1846

Online:

Sundre, AB ToM 1Xo

Ways to give

Scan the QR code or go to **mygnp.org** to become a monthly donor or give a one-time gift.

In Person:

Visit us at our office with your donation and take a tour.

#### **DID YOU KNOW**

A charitable donation tax receipt can generate a valuable tax credit?

Both the federal and provincial governments offer a tax credit of over 20% for donations over \$200.

Consult a tax professional for specific details of how this might assist you.

All proceeds will go to Greenwood Neighbourhood Place to continue providing programs and services in the community.